Standing Up For Others

Bullying is when someone is continually mean to another person on purpose and the person it's happening to hasn't been able to make it stop. It's **unfair and one-sided**.

One way you can **help stop bullying** is to report it to an adult. You can also speak up about what is wrong in the situation, ask for the behavior to stop, or befriend the person who is being picked on.

Talk to your students about positive bystander behaviors and encourage them to speak up if they witness bullying happening in or out of school.